

# JANUARY 12,2024 | VOLUME 15 | ISSUE 2

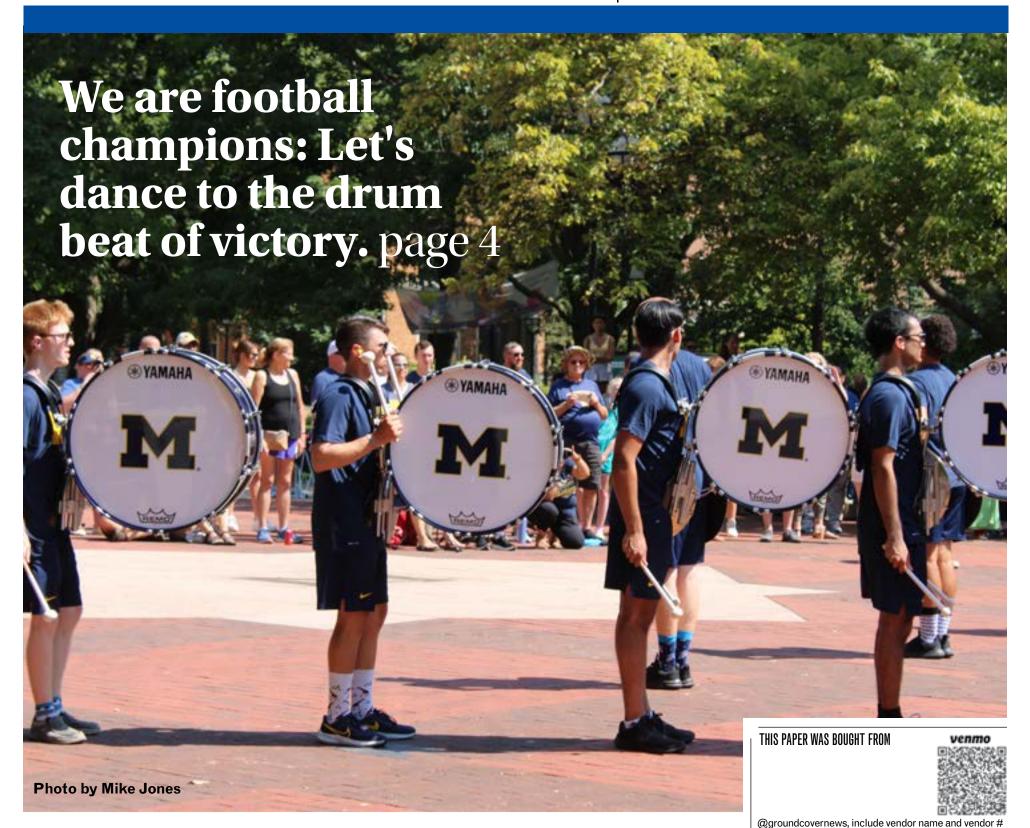
YOUR PURCHASE BENEFITS THE VENDORS. PLEASE BUY ONLY FROM BADGED VENDORS.

Remembering Dr. Martin Luther King's visit to Ann Arbor and Detroit. **Page 8** 



# GROUNDCOVER

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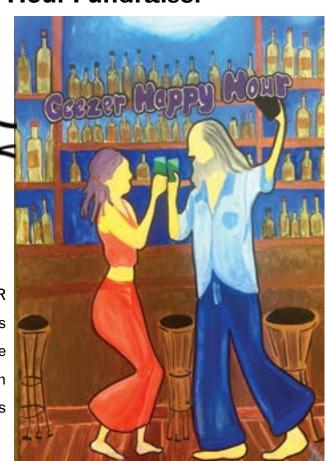
music by Jive Colossus

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JANUARY 12.2024

# GROUNDCOVER NEWS

**PROVIDING ECONOMIC OPPORTUNITIES FOR** SELF-DETERMINED INDIVIDUALS IMPACTED BY POVERTY

PRODUCING A STREET NEWSPAPER THAT GIVES A PLATFORM TO UNDERREPRESENTED VOICES IN WASHTENAW COUNTY PROMOTING AN ACTION TO BUILD A JUST, CARING AND

PACKAGE PRICING

Groundcover News, a 501(c)(3) organization, was founded in April 2010 as a means to empower lowincome persons to make the transitions from homeless to housed, and from jobless to employed.

Vendors purchase each copy of our regular editions of Groundcover News at our office for 50 cents. This money goes towards production costs. Vendors work selling the paper on the street for \$2, keeping all income and tips from each sale.

Street papers like Groundcover News exist in cities all over the United States, as well as in more than 40 other countries, in an effort to raise awareness of the plight of homeless people and combat the increase in poverty. Our paper is a proud member of the International Network of Street Papers.

Lindsay Calka — publisher

Cynthia Price — editor

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# GROUNDCOVER NEWS ADVERTISING RATES

Size	Black/White	Color	<b>Dimensions</b> (W x H in inches)	Three Months/Six Issues: <b>15%</b> off
1/8	\$110.00	\$150.00	5 X 3 or 2.5 X 6.5	Six Months/Twelve Issues: <b>25%</b> off
1/6	\$145.00	\$200.00	5 X 4	Full Year/Twenty-four Issues: <b>35%</b> of
1/4	\$200.00	\$265.00	5 X 6.25	•
1/2	\$375.00	\$500.00	5 X 13 or 10.25 X 6.5	Only run for two weeks/one issue: 40
full page	\$650.00	\$900.00	10.25 X 13	Additional <b>20%</b> discount for money

# ASK YOUR VENDOR

What do you look forward to in 2024?

I'm looking forward to my music career.

— Eamonn Ofoighil, #531

Keeping my hopes high and expectations low.

—Wayne Sparks, #615

To be at home in my body. —Ken Parks, #490

To get a tricyle.

— Roberto Isla Caballero, #347

To buying a mini van; I want to travel and sell street papers! — Mike Jones, #113

Move into my apartment, stop drinking, read more and go fishing more! I got some ambitions. — Mansel Williams, #96

**G**etting married before its too late and getting a nice car. — Juliano Sanchez, #174

The world not ending would be

— James Manning, #16

Mo' money, mo' money, mo' money.

— Derek Allen #177



At Cinnaholic, we believe everyone has the power to make a positive change in the world-for our people, the animals and the planet. All our products and are 100% vegan, dairy & lactose-free, egg-free

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# Vote Powell for President in 2024

2024 Presidential Candidate Ashley Powell lives in and loves Michigan. She just turned legal age to run for office August 30 this past summer, but she has been registered to run with the Federal Election Commission since 2019. Ashley has several things she's hoping to rally support for in her campaign.

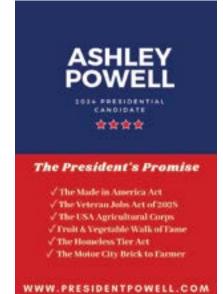
ON MY CORNER

- A few include:
- The United States Agriculture Corps: a national program created to bring jobs to rural areas and finally create food security.
- The Homeless Tier ACT which classifies the six major reasons people are homeless.
- Providing a designated area with shelter, police, fire and medical services.



**ASHLEY POWELL** Groundcover vendor No. 595

 She started the Motor City Brick to Farmer Challenge: 50 Million Bricks, One Challenge. The goal of the Challenge is to sell 50 million Bricks and use the funds to build greenhouses in Metro Detroit. www.50millionbricks.com When Ashley is not working to



save the world she can be found reading, at the gym or listening to

# Take care of your dogs! Dealing with anxiety is important

Dogs are considered family members. We go to extraordinary lengths to make sure they are comfortable and well adjusted to living in their homes, but for some dogs it takes time to feel safe. For some dogs, like pound puppies, it can take even longer because of kennel cough and the trauma of being in doggy jail for months. Here are some ways to help your dog deal with your time away from home. They will feel better as time goes by.

1. Call your dog on a Ring Doorbell or even on TV and do two-way-know you are on your way. talk — he will love seeing you on



the screen. Doing this one hour before you get home will help them

2. Leave a radio on to help pass

the time for your dog. Even recording your voice can help them.

3. Take a night t-shirt and wear it to bed and place that shirt on their day bed in the morning. It will help them feel your presence and can help calm them down as they nap.

4. Getting an anxiety jacket can help them calm down when you are away. This is a new thing that operates on the principle that if you apply pressure to the dog's torso, it has a calming effect. They're available online.

I do hope this can help with your pet this wonderful year 2024 and beyond. Peace!

# Eamonn Ofoighil

View more of Eamonn's artwork on Instagram @di chirish734



# Did the City of Ann Arbor renege on its affordable housing promise?

In the 2020 general election, Ann Arbor passed Proposal C with nearly 73% of voters in favor of what was considered to be "the most significant expansion of affordable housing in the region in over 40 years," according to the City of Ann Arbor website.

Affordable housing has always been a touchy issue in Ann Arbor and many cities around the country. It certainly raises eyebrows when a former city attorney questions whether monies appropriated to supply more affordable housing to citizens who live below the median income are being used appropriately.

Proposal C assured taxpayers that that monies generated from the 2020 millage would be used for building, maintaining and acquiring new affordable housing units which would be permanently affordable to low-income households making up to 60% of area median income, and providing social services, not to exceed 20% of the millage revenues over the entire term of the millage, for the residents of such housing.

Yet, according to an MLive article which ran this past November, former city attorney Bruce Laidlaw filed a lawsuit against the City of Ann Arbor claiming that the city misappropriated the millage funds which were intended for affordable housing. In his lawsuit he accuses the city of playing "a political shell game" with taxpayer dollars.

At a time when housing shortages



LIT KURTZ **Groundcover vendor No. 159** 

are at an all time high, especially for unhoused individuals who need to find permanent housing, one might question why any of the funds allocated for providing more space to those who are experiencing this crisis would not be used to their fullest.

Yet, it appears as though the city has fallen short on its promise. This past September MLive ran an article announcing the city's plans to renovate a new elections center and TV studio on Miller Rd. in order to ensure the integrity of elections. The decision was unanimous. \$5.2 million of the overall project cost involving the former YMCA parking lot is coming from the affordable housing millage funds. Another \$800,000 is coming from the sale of city property at 350 S. Fifth Avenue to the city's Housing

According to MLive, Laidlaw is questioning the legality of the city's move to essentially sell the 350 Fifth Avenue

property, formerly home to the YMCA, various other planned sites within the to the city housing commission, noting that the housing commission is part of the city government. (The empty park-available for development including: ing lot has long been problematic, with the city failing to garner enough support for any of the proposed uses for it.) S. Fifth Ave., 415 W. Washington, 1510

ing argument to the City for the commission to oversee the property, citing that over the past 20 years "... the site has been at the center of legal battles with developers and political disagreements on council." The city agreed and the eventual cost was set at \$6.2 million with one million coming from stimulus funding.

While this is underway, Hall revealed affordable housing units on the

city over the next few years. There are nine properties owned by the City 353 S. Main, 121 Catherine, 404 S. Ashley, 721 N. Main, 309 S. Ashley, 350 Housing Commission Executive E. Stadium, and 2000 South Industrial. Director Jennifer Hall made a convinc- While this sounds promising, it seems doubtful that in coming years the city government will use all of its available funding resources to implement this or other plans for affordable housing.

If this past year is any indication, it seems that the future funding of affordable housing under the auspices of city government is destined to shrink as the city becomes infatuated with other projects and is further displans to progressively include other tracted from the housing crisis and the need for affordable housing.

# GROUNDCOVER NEW VOLUNTEER ORIENTATION

•••••••••

Interested in volunteering with Groundcover News? Join us for a public volunteer meeting on January 19, 5:00 p.m. to learn more! As a volunteer, you can help contribute to the paper via writing or editing; attending and making food for article reviews; distributing papers to vendors; and more! We value our volunteers so much; come join our community!

Friday, January 19, 2024, 5 p.m.

**Groundcover News office** 423 S. 4th Avenue (basement of Bethlehem United Church of Christ)

# We are football champions: Let's dance to the drum beat of victory!

In the summer of 2023, I predicted the Michigan Wolverines, my favorite football team, would win the National College Football Championship. I was not the only person who made this prediction. Many other Michigan football fans hopeful like myself wished to see our Wolverines take it to another

The Michigan Wolverines took it to the next level by defeating the Alabama Crimson Tide in the semi-final playoff game 27-20, and then played the Washington Huskies for the College Football Championship on January 8.

WE DID IT!!!!! The Michigan Wolverines defeated the Washington Huskies 34-13, and are now NCAA College Football Champions. Go Blue!!!



**MIKE JONES Groundcover vendor No. 113** 

On a related topic, the Detroit Lions are back in the NFL Playoffs for the first time since 2016, and clinched the NFC North for the first time in team history. The Lions will host former quarterback Matthew Stafford and the 10-7 Los Angeles Rams in the NFL Wild Card Game this Sunday at Ford

The Detroit Lions have made a complete turn around under the leadership of Dan Campbell since he assumed the role of head coach 2021. The 1991 season was the last time the Lions won a NFL Playoff game and that was the only time since 1957 in which the Lions won a playoff game. The Lions finish this year's season 12-5 after defeating the Minnesota Vikings

I am going to put it on the line, the Detroit Lions are going to take it to the next level and win the conference championship and make their first appearance in the Super Bowl.



**U-M** football fans no longer have to party like its 1997 — they can party like its 2024!

# **HOUSED:** On being your own advocate and the fight to find a place

### **LINDSAY CALKA Publisher**

For this edition of HOUSED, Groundcover News talked with Glen Page, Groundcover vendor No. 407, and discussed the challenging process of finding an apartment after being pulled for a Housing Choice Voucher, often know as Section 8.

### LC: Tell us about your journey to housing.

able so I was "user-friendly" when I filled out an application. I found a couple of jobs and stayed into that. I had to stay busy and maintain my situation. I worked at FedUp Ministries and Groundcover News and did odd jobs running errands for people.

There were Beal Properties, McKinley Properties and smaller landlords. They always told me "if you start doing 'this,' than we can do 'that." They want you to make three times the rent, or have a

RPI [an agent for the Michigan State Housing Development Authority who manages Housing Choice Vouchers] is dysfunctional; they moved offices three times on my watch and I had to chase them down each time in order to get my voucher. Being pushy helped me out. There is a great lack of communication in the system.

Delonis is dysfunctional, too. When my caseworker left Delonis, everything slowed down. He was the only one really honest with me. by the window with my backyard I didn't really have any help after and projector. But I'm still making that. Besides a handful of people, it really feel like home. there's no one really qualified to

advocate for us to find housing. You have to know your shit, and not many people do. [Delonis is] already short-staffed. People are leaving to work at Avalon Housing, or just straight up leaving. It's spookier than it used to be.

Really, it took three tries. My first opportunity was at Courtyard Square. The front desk manager at the time made my life hell. There was no way I was going to come off the streets and live under her. I **GP:** I had to make myself market- wasn't scared to keep looking though. I knew I was looking for my

> The second opportunity was Aspen Chase. The third was where I'm at now, Huron Heights.

## What was the biggest barrier that you faced in obtaining housing?

Knowing that there wasn't help. I had to be my own advocate and find my own place. It took me nine months. I had to fight for that.

Housing is a human right. A lot of kids, and even grownups, don't realize that. We don't need cats coming in here [Delonis] just looking for a paycheck.

# What is an unexpected positive thing that most people don't think about when becoming housed?

Just relaxing again. I'm so used to getting up, running out the door, to find a place.

Also, personalizing everything in the place just like how I do my clothes. My room is set up like a dojo and I make little movie nights



### that most people don't think about when becoming housed?

Wrapping my mind around the fact that I'm actually in my place. I'm still waking up swinging.

Additionally, I want to help my friends get on their feet but I don't want to jeopardize losing my apartment. It's really hard to just sit down and let this happen to other people. I have a lot of family down here, but growing up, I couldn't ask for help from any of them, so I had to make my own way. Thankfully I ran into a lot of people like me. People who did want to help.

# What pieces of advice would you give to people who are experiencing homelessness?

Don't trust anybody, anything. Ask questions and when people seem like they are avoiding answers, get where I'm at now. To get a job, ask for their boss. And try not to screw it up for other people.

## What's next for you?

I want to go to school, and keep up with selling Groundcover. I've been asked to be President of Circling Back Peer Support Network. That's an affirmation of my work ethic. I landed in the right place, **What is an unexpected struggle** with the right people around me.

# Any place called home is enchanted

Everybody who has a home has an enchanted cottage. It is a blessing to have a home. When you have a home it is good for your health. A home is a place you can totally be yourself in. When you have your own home, you can rest and work.

When you have your own home you can play when you want and have fun when you want, too. You can decorate your home and have it look the way you want. A home is very beautiful, no matter what it is, no matter where it is.

A home gives you shelter from bad



**DENISE SHEARER Groundcover vendor No. 485** 

weather. A home gives you shelter from wild animals that could attack you. No matter if you live in a hotel room or a rooming house or an apartment or house of your own, it is always good to have somewhere to live.

You can also have get-togethers with family and friends when you have a cottage too — it just takes more complace to be. You can cook lunches and dinners for company when you have a place to be. You can watch things on enchanted cottage. Any place some-TV and dream when you have a place one calls a home is an enchanted cotto be. You can have a comfortable tage as long as someone is place to talk to Jesus when you have a comfortable.

# **GET TO KNOW YDL!**

WHERE TO FIND US: Online at ypsilibrary.org Call us at 734-482-4110.

### TO GET YOUR LIBRARY CARD:

1) Fill out the easy online form at ypsilibrary.org/library-cards 2) Call 734-482-4110 3) Or stop by any YDL location!

# DON'T HAVE A DRIVER'S

LICENSE? We can work with a variety of IDs to get you your

# TOOLS TO HELP

### Storytimes Return

YDL's new session of storytimes begins Jan. 16, with different programs happening each day of the week. A new Friday storytime will also be held in the Bookmobile from outside the Michigan Avenue branch!

Visit ypsilibrary.org/storytimes for the full schedule.

# FEATURED EVENT FRIENDS OF YDL

BOOK SALE anuary 18-21 | Schedule below

5577 Whittaker Road

Find \$1 hardcovers, 250 paperbacks, and 50¢ oversize paperbacks.

Jan 18: 6-8pm (members-only

Jan 19: 11am-5pm Jan 20: 11am-3pm Jan 21: 1-4pm

You can make your enchanted cottage however you want it when you're the only one who lives there. People who share a place, that's an enchanted promise and consideration when you share a place. Any place to be is an

# Battling the chill: navigating the perils of frostbite

**Groundcover contributor** 

looming threat of frostbite becomes an undeniable concern for those exposed to extreme cold. This cold-weather menace, where skin and underlying tissues freeze due to prolonged exposure to frigid temperatures, demands a keen awareness of its dangers and a proactive approach to prevention.

**Dangers of Frostbite:** The repercussions of frostbite can be severe, ranging from tissue damage and infection risk to nerve damage and, in extreme cases, amputation. Extended exposure to cold triggers blood vessels to constrict, diminishing blood flow to extremities and causing harm to the skin, muscles, and even bones.

**Signs of Frostbite:** Recognizing the early stages of frostbite mean that it can be caught in time for treatment to be effective. These early stages present with patches of reddish skin and burning pain, progressing to cold, numb, white or grayish skin that feels stiff or

**Expert Insights and Prevention** Measures: Dr. Sarah Coleman, Chief Medical Officer at the Cold Weather Research Institute, highlights the gravity of frostbite's dangers and offers proactive prevention measures. From our

exclusive interview, "Frostbite is dangerous due to its potential for irreversible damage to the skin and underlying As winter's icy grip tightens, the tissues. Constricted blood vessels reduce blood flow and oxygen, leading to severe complications and, in extreme cases, amputation," warns Dr.

To preempt the risks, Dr. Coleman advises individuals to prioritize dressing in layers, ensuring thorough coverage of extremities. Opting for mittens over gloves and investing in insulated footwear are key to superior heat

Staying dry is crucial, as wet clothing elevates the risk of frostbite. Dr. Coleman also emphasizes taking breaks indoors to counteract exposure to extreme cold and wind, if possible.

Addressing common misconceptions, Dr. Coleman dispels the notion that frostbite only occurs in extremely low temperatures. Wind chill, she emphasizes, plays a significant role, stripping away the body's protective heat layer and making it feel colder than the actual temperature.

Early detection, Dr. Coleman stresses, is pivotal. Numbness, tingling and changes in skin color are early warning signs. Immediate action, such

see **FROSTBITE** page 11 **→** 



Stages of frostbite. Coyne Survival Schools.



# Turning Houses2Homes

**CHINTALACHARUVU U-M** student contributor

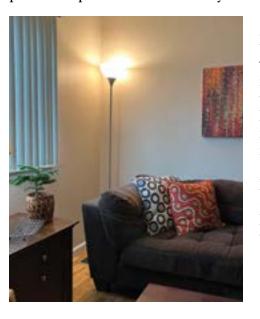
Six years ago, a small group of service-driven individuals and friends worked together to furnish a home for a single mother and her children. In 2017, they took that experience and turned it into a community-wide nonprofit organization. HouseN2Home is their name and furnishing homes for the homeless is their game. Their motto absolutely embodies what their mission is: "creating a space for people to thrive."

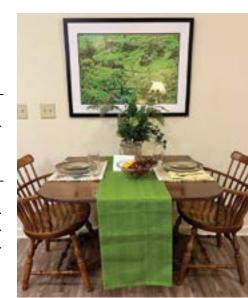
HouseN2Home operates mainly in the southeast Michigan region, with their office in Ypsilanti. Their workers are primarily volunteers, and they have grown in the past six years to over 100 volunteers. They have many community partners, such as United Way of Washtenaw County, Ann Arbor Area Community Foundation and Trinity Health.

The organization targets people in the area who are moving out of homeless shelters and into rental housing. However, each homeless individual's situation varies greatly, and the organization does their best to match everyone's unique needs.

Their process for furnishing homes is very in-depth and thorough. It begins when a caseworker from a local shelter finds a family that has housing and needs help with the move.

HouseN2Home workers then meet with the family and assess their new home and their needs. They obtain all the necessary furniture and household goods, and remarkably, most of the items are donated. On the big move-in day, volunteers load up the furniture, move it to the new home, and arrange it to make the house feel like a home. Amazingly, with this process, they have completely furnished over 925 homes since 2017 for individuals and their families in Washtenaw County. Clearly, they have had a huge positive impact on the community!





On their website, you can see the evidence of this impact in the last two years. In 2022, they performed 290 moves, which was a 30% increase from 2021, and they furnished over 500 moves in the past two years alone. Out of those clients, they served 199 children, crafting safe and stable home environments for these kids. In 2022, they contributed 16,000 volunteer hours, showing the importance and value of volunteers for this organization. They also added many new community partners, including the University of Michigan's Office of Sustainability.

A non-profit like HouseN2Home requires lots of support, and there are so many ways members of the community can get involved. The main way to participate is through volunteering. There are several different opportunities for volunteers such as refurbishing donations, cooking meals for clients or assisting on move-in days. HouseN-2Home is an equal opportunity nonprofit organization, so any volunteer will feel welcomed and valued!

Another great way to participate is by donating gently used furniture for the organization to use in the furnishing of new homes. Finally, contributors can also sponsor a move, which typically costs around \$600, or also just donate to the organization to reduce the costs of each move.

HouseN2Home provides such a great service to the community. They truly go above and beyond in their work, even providing families with items like toys, books and decorations to really make their clients' new houses feel like homes. I would highly recommend checking out this amazing organization and helping them serve the community because it's clear how much they value each of their clients and how big of a difference they have made in Michigan! Check out their website to coordinate donations and get involved:

www.housen2home.org/

# Lansing's "Fretail" Store is a good idea for Ann Arbor

**JANE ATKINS U-M** student contributor

Cardboard Prophets' Fretail Store in the Lansing Mall looks just like a normal retail store: display racks, mannequin, and tags on each item. The twist? Everything is free. The "dignity tags" contain Cardboard Prophets' phone number on the barcode and an inspirational message rather than a price. Cardboard Prophets is an outreach organization founded by Mike Karl, aiming to involve the community in real change for people who are homeless or at risk for homelessness in the Lansing area. The store is an innovative, direct response to the needs of homeless and low-income people in Lansing, and Ann Arbor should consider how its unique approach could benefit our community.

The Fretail Store started as a diaper bank with no storefront. They were offered a space in the Lansing Mall to operate in, and Karl knew it could be used for more. It has grown exponentially since it opened in 2020. It has been a hub for thousands of Michigan families and individuals to shop with dignity and receive the items they need to maintain a good quality of life. The store has clothes, food, furniture and much more. In the past, the Fretail Store gave out 200,000 cans of formula to families all over Michigan during the formula shortage. Families from all over Michigan traveled to the Fretail store to get formula for their children. During Christmas time, the entire storefront transformed into a toy store, which helped 2,200 families get Christmas gifts. Karl said they are looking to double that this year as the holidays are approaching.

The Fretail Store has had such a positive impact on the Lansing community that it comes as no surprise that people from across the state and the country are contacting Cardboard Prophets looking to replicate

see FRETAIL page 11 →



# **CONTENT** correction

In the Dec. 15, 2023 edition of the Groundcover News, the words of a Jewish prayer were incorrect. The corrected version: "If the desire to honor the memory of your loved one impels you to do a mitzvah you otherwise would not have done, learn something you otherwise would not have learned or go higher and farther than ever before then the soul of the deceased lives on in you." Cultural appropriation was never intended.

In the Oct. 20 GCN edition, Morgan Battle, one of the previous directors of The Breakfast at St. Andrew's, was omitted.

# Remembering Reverend Dr. Martin Luther King Jr's. visit to Ann Arbor and Detroit

Dr. King came to Ann Arbor in the fall of 1962. Brian A. Williams of the University of Michigan's Bentley Historical Library wrote that "King spoke on a cool fall day." Williams also noted, "No recordings of King's lectures are known to exist and newspaper coverage is scant at best." In her January 16, 2023 article titled, "In Pictures: Dr. Martin Luther King Jr. Visits Ann Arbor," Meredith Bruckner of the Ann Arbor News confirmed Williams' assertion and added, "Although no copies of his speeches exist, according to school records, King told U-M students, 'We must learn to live together as brothers or we will perish as fools."

It is fair to say that the coverage of Dr. King's visit to the University of Michigan in Ann Arbor was inadequate for a transformative national civil rights leader. Bentley Historical Library Archivist, Ms. Karen Lee Jania, told the Michigan Daily newspaper that "there was little press coverage of King's visit and details about his lecture were sparse."

## Perspectives on Dr. King's Visit to U-M Campus

As the U-M's Office of the President continues to support the new campus-wide initiative known as "The Inclusive History Project," there is public interest in learning more about important events which have shaped the Michigan experience.

In 2014, Michigan Radio's Mark Brush reported on, "Martin Luther King Jr.'s forgotten visit to the University of Michigan's Campus." He mentioned what former U-M President, James Duderstadt told one Michigan Daily reporter, Haley Goldberg, in 2012. Duderstadt said, "There apparently was a controversy because in his speech, King suggested the importance of civil disobedience, and I guess a couple of the University regents raised concern about that." He continued. "It was almost 50 years ago, and it was a time when Martin Luther King was a pretty controversial person. The FBI was tracking him and so forth."

ident Harlan Hatcher admonished the students to obey the law and avoid holding large-scale demonstrations and rallies outside the Michigan campus. As the Bentley Historical Library noted, "King was on campus as the leader of the SouthernChristian Leadership Conference and was advocating student civil disobedience — something that the leaders of the University at the time were likely weary of."



The University of Michigan Office of Religious Affairs invited King to their annual religious lecture on November 5, 1962. They also invited University of Chicago Theology professor Preston Roberts and Northwestern University Philosophy professor Paul Schllpp. The Office of Religious Affairs asked other groups on campus to co-sponsor King's visit; the U-M Office of Special Projects became a co-sponsor. The Women's International League, Challenge and Voice also supported the event. The Bentley Historical Library noted "that all three associated organizations were sympathetic to the causes espoused by King."

The Voice campus political party was established in 1960 by Tom Hayden. The Voice also became a key chapter of the new campus organization known as Students for a Democratic Society. The Voice platform called for "eliminating inequality, especially economic, social and racial inequality." Although the Voice supported the civil rights bill proposed by President Kennedy in 1962, He went on to tell them that to him, eduthey felt that it did not go far enough. The Voice also supported what John Lewis' Student Nonviolent Coordinating Committee was trying to accomplish in the segregated South.

tion established in 1960 in order to bring prominent national figures on campus to help discuss problems and issues of national importance. It originated at Yale University and spread to other campuses, including Michigan. The U-M student organizers who co-sponsored A few weeks before Dr. King arrived on King's visit were able to include the the Ann Arbor Campus, University Presnames of 23 faculty faculty sponsors. They included Robert C. Angell, Ken-second visit despite repeated attempts neth Boulding, Angus Campbell, Wil- to bring him back to the Ann Arbor liam Haber, E. Lowell Kelly, Theodore campus. We are grateful that he visited Newcomb and Alan F. Smith.

give a lecture in the morning, and another lecture in the evening. Invitations were made to 50 to 60 people, moral compass, civil rights and of course, A Dream" speech in Washington D.C. including student organizers, to join David Thoreau's ideas of civil disobedi- Subsequently, the Detroit and King for a luncheon at the Michigan Union. Voice Members Tom Hayden

and Alan Haber were on the tentative program list. U-M President Harlan Hatcher and his three vice presidents were also on the tentative list to lunch with Dr. King.

Student reporters for the Michigan Daily — Majorie Brahms and Martha MacNeal — said that King framed his lecture and discussion by stating that every man is "heir to a legacy of dignity and worthiness," and that man's essential rights do not originate from the State, but rather are established by God.

King touched upon integration and the immoral nature of racial discrimination. He expanded on that theme, pointing out that the American dream cannot be separated from the world dream of brotherhood. King told his audience at the Hill Auditorium that, "We must learn to live together as brothers or we will die together as fools."

tioned that King condemned the concept which stated that one race is superior to another as outdated, and called for its abolition. The Historical Library also said the portion of King's lecture which he directed specifically to students urged them to take action and join the growing student movement. Apparently, he had been briefed about the recent State of the University address given by President Hatcher in which Hatcher had encouraged students to limit their involvement in student movements and to restrict their activities to the campus. King sharply disagreed, telling students that they "have a responsibility to participate in the movement." cation meant "being true to studies yet devoting oneself to a significant cause like integration."

Dr. King inspired so many students who heard his lectures and/or talked The Challenge was a student organizawith him on November 5, 1962. One such student became Dr. Larry Brilliant. In his 2013 commencement speech at the Harvard School of Public Health, Dr. Brilliant gave credit to Dr. King for "inspiring him to his life's work, which included eradicating the world of smallpox and working for global sustainability."

Ann Arbor during the heyday of the civil Planners of King's visit wanted him to rights movement. He brought his perspectives on the concepts and techniques of citizen participation, humanity, ence for peace and justice.

# Dr. King's Visit to Detroit

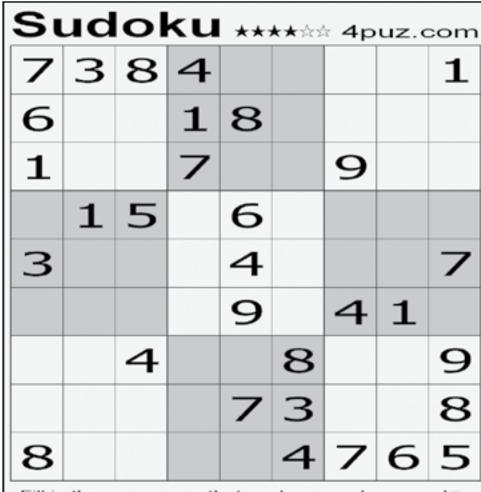
Detroit was a paradox in the early 1960s. It was the fourth largest city in the nation and the population was close to 2 million. There was extreme poverty alongside middle-class prosperity. Dr. King was invited by the Detroit Council for Human Right to participate in a civil rights march on the streets and a rally at Cobo Arena. What Dr. King called the "greatest demonstration for freedom" happened on June 23, 1963. More than 125,000 people walked down Woodward Avenue in Detroit as part of the Detroit Walk to Freedom. They also held a big rally inside and outside the Cobo Arena after the street March. They were marching in Detroit to promote civil rights.

Writer Ken Coleman of the Michigan Advance newspaper noted that the idea behind the rally was "to highlight social The Bentley Historical Library men- inequities in the Motor City which included housing discrimination, poor police-community relations and lack of economic opportunities for Blacks and other people of color." Participants who joined Dr. King in the street march and Cobo Arena rally were thousands of ordinary folks. Other influential people included Reverend C.L. Franklin, the father of famous singer, Aretha Franklin. Rev. Franklin was also the Pastor of New Bethel Baptist Church. There were other clergymen, such as Pastor Albert Cleage of Central Congregational Church; and Rev. Nicholas Hood, Pastor of Plymouth United Church of Christ. Former Michigan Governor John Swainson, Detroit Mayor James Cavanaugh, UAW President Walter Reuthers and many more community leaders participated in the march.

Michigan Advance noted that during the June 23, 1963 event at Cobo Arena, King delivered a precursor to the "I Have A Dream" speech which he gave in frontof the Lincoln Memorial on August 28, 1963. In King's Detroit speech, he said: "Almost hundred and one years ago, on September the 22, 1862, to be exact, a great and noble American, Abraham Lincoln, signed an executive order, which was to take effect on January the first, 1863. This executive order was Unfortunately, King did not agree to a called the Emancipation Proclamation and it served to free the Negro from the bondage of physical slavery. But one hundred years later, the Negro in the United States of America still isn't free."

The Detroit Walk to Freedom and the Cobo Arena speech by Dr. King gave much needed impetus to the "I Have

see MLK VISITS next page →



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While Groundcover is a non-profit, and paper vendors are self-employed contractors, we still have expectations of how vendors should conduct themselves while selling and representing the paper.

The following is our **Vendor Code** of Conduct, which every vendor reads and signs before receiving a badge and papers. We request that if you discover a vendor violating any tenets of the Code, please contact us and provide as many details as possible. Our paper and our vendors should be positively impacting our County.

- Groundcover will be a voluntary purchase. I agree not to ask for more than the cover price or solicit donations by any other means.
- When selling Groundcover, I will always have the current biweekly issue of Groundcover available for customer purchase.
- I agree not to sell additional goods or products when selling the paper or to panhandle, including selling past monthly issues.
- I will wear and display my badge when selling papers and refrain from wearing it or other Groundcover gear when engaged in other activities.
- I will only purchase the paper from Groundcover Staff and will not sell to or buy papers from other Groundcover vendors, especially vendors who have been suspended

- I agree to treat all customers, staff, and other vendors respectfully. I will not "hard sell," threaten, harass or pressure customers. staff, or other vendors verbally or physically.
- I will not sell Groundcover under the influence of drugs or
- I understand that I am not a legal employee of Groundcover but a contracted worker responsible for my own well-being and income.
- I understand that my badge is property of Groundcover and will not deface it. I will present my badge when purchasing the papers.
- I agree to stay off private property when selling Groundcover.
- I understand to refrain from selling on public buses, federal property or stores unless there is permission from the owner.
- I agree to stay at least one block away from another vendor in downtown areas. I will also abide by the Vendor Corner Policy.
- I understand that Groundcover strives to be a paper that covers panhandling with only one paper or topics of homelessness and poverty while providing sources of income for the homeless. I will try to help in this effort and spread the

If you would like to report a violation of the Vendor Code please email contact@groundcovernews. com or fill out the contact form on our website.

### Y That?

## By Tracy Bennett and Victor Fleming

# ACROSS

- 1 Bat droppings used as fertilizer
- 6 Guns, as an engine 10 Neigh sayer, at times
- 14 Ed of "Up"
- 15 Racetrack's shape, usually
- 16 "UR so funny!" 17 Let it be known that pixies are
- nothing like elves? 20 Gentle, as breezes
- 21 In an offhand manner
- 22 Best, as another
- 23 Antaretic penguin 25 Apple software
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- 33 Friend of France 35 Patton \_\_\_ of comedy
- 36 Succulent balm
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- 42 Abhor
- 44 Spicy, in salsa terms 45 Clock hours after hours?
- 48 Stayed out of sight
- 49 Kitchen drawers?
- 52 Get on out 55 Actor Wilson of "Loki"
- 58 Prepaid card option
- 59 Use your 8-by-6 inch Post-It note
- 62 Prayer-ender
- 63 Parks of civil rights
- 64 Paper quantities 65 Jumble
- 66 Nurture, in a way

DOWN

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- 27 One possessing a deed 28 Bonnie with a Grammy

19 Below average

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- metal into gold, e.g.

4 Bit of Christmas tree debris

6 Word with Old Town and Abbey

5 British singer Rita

8 Change from day to day

13 Little dog in a big film

24 Composer Stravinsky

18 Tracts subject to feudal law

25 Hirsute member of the Addams

10 "The Pink Panther" inspector

7 Nefarious

9 Trickstery

11 Leave out

12 Nation

- 57 "Holy smokes!" 31 Lawncare brand
  - 60 Cartoonish bark

longest answers

32 Throw with force, in modern lines

38 Ferns or corals named for their

47 "Puzzle" and "Escape Room," for

50 Help Desk worker's offer

54 Raw materials in industry

56 Insightful ... or, phoneticall what's been added to this puzzle's

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42 Palindromic parent

43 Ultra-mega fans

51 "What thou?"

52 Bad-faith transaction

53 Made an appearance

55 Reedy instrument

40 Ruckus

34 Stereo predecessor

61 Prefix for angle or pod

## **→ MLK VISITS** from last page

Washington D.C. events contributed to the passage of the civil rights legislation of 1964 and the voting rights legislation of 1965.

Many observers think that Dr. King's visit to Detroit energized and empowered poor Blacks to fight for their rights. **Conclusion** From the perspectives of some journalists and community observers, Dr. King's visit gave rise to the harnessing of Black excellence in music, entertainment, art, science and scholarship. For example, Motown Founder and CEO Berry Gordy recorded Dr. King's Cobo Arena speech. It is titled, "The Greatest Demonstration for Freedom." Gordy also recorded Dr. King's "I Have A Dream" speech in Washington, D.C.

"Martin Luther King and the Great March for Freedom in Detroit," Michigan in Pictures magazine included some of King's speech in Detroit, described as Detroit's version of "I Have a Dream Speech." King spoke eloquently when he said, "I have a dream this afternoon that my four little children, that my four little children will not come up in the same young days I came up within, but they will be judged on the

basis of the content of their characters, not the color of their skin ... I have a dream this afternoon that one day right here in Detroit, Negroes will be able to buy a house or rent a house anywhere that their money will carry them and they will be able to get a job."

Dr. King's visit to the U-M campus in Ann Arbor and his visit to Detroit revealed a clear contrast in media coverage and important historical documents. Although many U-M students were thrilled to see Dr. King, some of university leaders saw him as too controversial to share his viewpoints with the campus community. King's Detroit visit seemed like a huge celebration of In a January 17, 2011 article titled, common purpose and the prospects of gaining more freedom, more civil rights, equality and racial justice. Black insitutions and social movements were established in the years to come. However, they were not enough.

> "The more things change, the more they remain the same" is a popular saying of particular relevance to the poor, the homeless and the disadvantaged folks of both Ann Arbor and

# Roll me up and smoke me when I die

This song from Willie Nelson has been in my mind since Christmas with my Michigan family when we watched the star-studded 90th birthday party for Willie. His love of music and mastery of the country genre has made him beloved for many people of America. It would take some time to listen to all the duets he has recorded with a wide range of talents. His album "Red Headed Stranger" was my best friend during a big heartbreak episode in my life.

When I heard Willie and friends at his 90th year, I reflected on what I want to do before I die. "Seeds for Cuba" came to mind. It is the next step as I follow through on things I started in the 1990s.

Villa Internacional is a bilingual proposal I made in Cuba for an ecovillage. We did build two houses where I have a room waiting for me whenever I am there. We also have an extended family at La Finca Esper- hope many of us learn to grow crops anza, a small farm in our neighbor- such as chia until they are commonly hood. They have a moringa tree, one of the superfoods of our day.

The war on Cuba includes stiff sanctions which create serious austerity; the government cannot support the free seeds they once did. I have a list of seeds that I want to share with the Ann Arbor Seed Company and see if they



**KEN PARKS** Groundcover vendor No. 490

whatever seeds possible to Cuba. I plan to go back in March this year. We will probably build a small house with a greenhouse on the south side.

There is talk of similar demonstration projects in southeast Michigan and Brazil where people and land may work together growing whatever is nutritious and healthy with a focus on making key plants available. I available for everyone. Delicious recipes will follow.

We will learn to promote a healthy intestinal microbiome as the center of good health. If we are timely in this work we will benefit with healthy aging for whoever is ready. I hope we work together in 2024 and make can supply for me. I will send or take progress as we learn more about who we are as human beings and tap into our potential.

MLK DAY

An understanding of the commons is helpful. Martin Luther King Day on January 15 at Liberty Plaza will be a good event to share our aspirations and practical work. Go to annarborcommunitycommons.org. I will be working with Alan Haber and join in the open mic at Liberty Plaza.

May 2024 be a year of blessings as we work together for the common good. Our ancestors want to help us. May we honor all those who go up in smoke reborn in a Pure Land. The struggle and join the ancestors, may they be

SAY YOUR DREAM SAY YOUR DREAM SAY YOUR DREAM MARTIN LUTHER KING, JR. DAY MONDAY JANUARY 15, 2024

OPEN MICROPHONE

Let the voice of Martin Luther King Jr move through you. from his Dream to you and yours

WHAT IS YOUR DREAM?

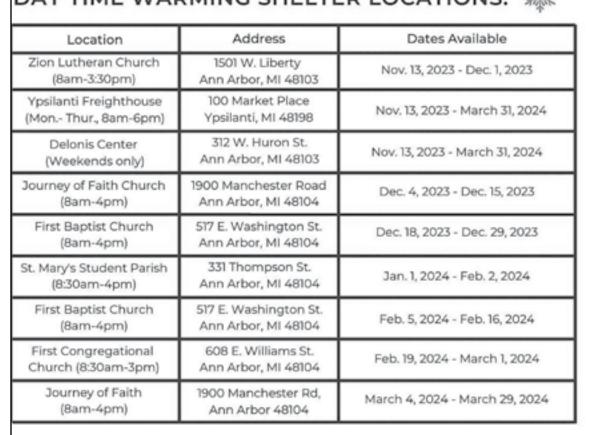
A program for ANN ARBOR's 200 YEAR BiContennial Birthday 1826-2824

continues.

## **PUZZLE SOLUTIONS**

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# WINTER PROGRAM INFORMATION DAY TIME WARMING SHELTER LOCATIONS: 💥



Inless otherwise specificed, all above warming shelters operate Monday through Friday. If you have any questions or need more information, please contact the Delonis Center at 734-662-2829. For updates, visit bit.ly/washtenaw-warming.





# **OVERNIGHT SHELTER** INFORMATION

Winter shelter information: Winter daytime and overnight shelter accommodations are available throughout the winter shelter season from November 13, 2023 - March 31, 2024 for any individual seeking emergency shelter during the cold winter months.

- Daytime shelter Monday Thursday, 8am 6pm at the Ypsilanti Freighthouse (100 Market Place, Ypsilanti, MI 48198)
- . Overnight shelter Nighttime accommodations are at the Delonis Center; 312 W. Huron St., Ann Arbor, and at offsite locations including Congregation partners throughout the County, and there is an overnight shelter in Ypsilanti. During day-time hours, those seeking overnight shelter should first contact HAWC to obtain a referral for shelter at 734-961-1999. If it is after 5pm or weekend, please come to the Delonis Center or call the Delonis Center at 734-662-2829 and we'll assist with ensuring you're served and provide transportation to an offsite location if needed.

# How do I get into the shelter?

Any individuals seeking emergency shelter please contact Housing Access of Washtenaw County (HAWC) at 734-961-1999 to obtain a referral to the Delonis Center. If it is after 5pm or weekend, please come to the Delonis Center and we'll assist ensuring you're served. Families, please contact HAWC to be referred to appropriate shelter resources.

### What is provided at the shelter?

als are provided a safe place to sleep each night and can access a wide variety of services including meals, case management, medical care, and most importantly help finding permanent housing.



For updates and more information: bit.ly/washtenaw-warming

# Equal Rights Ammendment Revival

**SCOOP STEVENS Groundcover contributor** 

In the 1970s, the Equal Rights Amendment was well on its way to being ratified by the states when self-appointed spokesman for women, Phyllis Schlafly, led a movement to derail ERA ratification. Some states already had a bias against the ERA and that reinforced their bias. By the artificial deadline imposed by Congress, 1982, only 34 states had ratified it, four short of the 38 needed.

We are in a new era now and the time has come to get the ERA back on track.

On December 15, 1791 the Bill of Rights was ratified by the states. Without the Bill of Rights the U.S. Constitution would have never become the "Law of the Land." James Madison was tasked with making a Bill of Rights. Madison did not believe they were necessary, but as he was composing them, he reasoned that their purpose would be to instruct the American people about their government.

As of now, 38 states have ratified the ERA, including four since the deadline passed. (Even imposing that deadline is open to legal challenge.) There is still uncertainty because some states have rescinded their ratifications. But in 2023, representatives started the Congressional Caucus for the Equal Rights Amendment. They should follow through to make the ERA the 28th Amendment — the Law of the Land

In the American Civil War (1861-65) the Union Army conguered the Confederate States of America but the slaves did not become freemen until the 13th Amendment was ratified on December 6, 1865, abolishing slavery in the United States. In the same way, women have come a long way toward achieving equality with men but they will still be subordinate to men until the ERA becomes law. Then we can finally realize the truths of the Declaration of Independence:

"We hold these truths to be self-evident, that all *men* are created equal, that they are endowed by their creator with certain unalienable rights, that among these are life, liberty and the pursuit of happiness."

## **→ FROSTBITE** from page 6

as moving to a warmer environment, removing wet clothing, and gradually warming the affected area, is crucial. Seeking medical attention promptly is imperative if symptoms progress.

First-Aid Steps: When faced with frostbite, taking immediate first-aid steps can make a

- 1. Check for Hypothermia:
- a. Look for signs such as intense shivering, drowsiness, confusion, fumbling hands and slurred speech.
- b. Seek emergency medical help if hypo-
- a. Avoid thawing affected areas if there's a chance they might freeze again.
- b. If already thawed, wrap them to prevent
- hands.
- b. Do not rub affected skin with snow or any other substance.
- c. Avoid walking on frostbitten feet or toes if possible.
- 4. Get Out of the Cold:
- a. Move to a warm space.
- b. Remove wet clothes and wrap up in a warm blanket.
- c. Do not use direct heat sources like stoves, heat lamps, fireplaces or heating pads.
- 6. Stay Hydrated:
- a. Drink warm liquids like tea, coffee, hot chocolate or soup to help warm from the a daily struggle for survival.

significant difference:

- thermia is suspected.
- 2. Protect the Skin:
- refreezing.
- 3. Warm Frostbitten Areas:
- a. For hands, tuck them into armpits; for the face, nose or ears, cover with dry, gloved

- 5. Gently Rewarm Frostbitten Areas:
- a. Soak affected areas in warm (not hot) water (105 to 110 F or 40 to 43 C) for 20 to 30 minutes.
- b. Test water with an uninjured hand or

# b. Avoid alcohol.

- 7. Consider Pain Medicine:
- a. Over-the-counter pain relievers can be considered if in pain.
- 8. Expectations as Skin Thaws:
- a. Tingling and burning may occur as the skin warms and normal blood flow returns.
- b. Avoid breaking any blisters; seek medical help for more severe cases.

As winter lingers, the insights from Dr. Coleman and practical guidance collectively provide a comprehensive approach for individuals to fortify themselves against the threat of frostbite. Incorporating these expert recommendations into winter routines enables people to enjoy the season while prioritizing their health and well-being, successfully navigating the perils of frostbite.

In a poignant testament to the harsh realities of winter, Jake Thompson, a homeless resident of Ann Arbor, Michigan, shared his experience in an interview battling frostbite during the bitter cold nights.

"Sometimes, the cold bites harder than life itself. I felt the burning pain and saw my fingers turning numb and white. It was like I was losing a part of myself out there on those freezing streets," Thompson recounted.

His struggle with frostbite in the unforgiving cold of Ann Arbor mirrors the stark warnings provided by experts like Dr. Coleman. Thompson's story serves as a reminder that the impact of frostbite extends beyond the medical realm, reaching individuals facing homelessness who are particularly vulnerable during the winter months.

As we heed the advice of experts to protect ourselves against frostbite's peril, let us also extend our awareness and compassion to those grappling with the bitter cold on the streets, where the battle against the chill is

# Bethlehem United Church of Christ

whoever you are, and wherever you are on life's journey, you are welcome here 423 S. Fourth Avenue, Ann Arbor, MI 48104 734-665-6149 Bethlehem-ucc.org [ facebook.com/bethlehemuccA2 Bethlehem Church is home of the Groundcover office



# JANAURY 2024 EVENTS AT BETHLEHEM January 31 at 7:00pm Gustavus Choir Concert

Please visit the church website at: bethlehem-ucc.org for the most up-to-date calendar and event information.



Sunday Worship Time 10:00 am In-person and via Live Stream

# **→ FRETAIL** from page 7

the Fretail model. Mike Karl embraces this. "We want other organizations to try and open something special like this," Karl said in an interview with Groundcover.

Implementing something like the Fretail Store in other places not only nity action.

where they are going to go, they donating them instead. cannot see how they help people, and that actually gives away your items, Arbor community.

it's beautiful to watch. It would be a blessing to any community to do this."

Bringing something like the Fretail Store to Ann Arbor could have very positive effects on the community. Being a college town, University of Michigan students make up a notable part of the Ann Arbor community. When the winter semester is over, benefits those who need it but it also thousands of students abandon items brings communities together by they do not want to take home in the involving more citizens in commu- basement of their dorm or out in the street. This could be a chance for Uni-"People can get discouraged with versity of Michigan students and make non-profits because they cannot see a real contribution to Ann Arbor by

Having a Fretail store here could they cannot see how they change encourage more direct involvement lives," says Karl, "When a community overall, address the needs of our own gets an opportunity to see a nonprofit homeless and low-income residents, put their money where their mouth is, and create a more connected Ann

# Salted maple caramel sauce

# **ELIZABETH BAUMAN Groundcover contributor**

You will need a candy thermometer! **Ingriedients:** 

1 cup real maple syrup 2 tbsp butter 1/4 cup heavy cream 1/4 tsp sea salt

### **Directions:**

Put the maple syrup into a medium saucepan with a heavy bottom. Fit the pan with a "clip on" candy thermometer. You'll need a pan tall enough to allow the maple syrup to foam up as it boils. The heavy bottom helps prevent scorching.

Bring the syrup to a boil over high heat and boil until it reaches 225F-230F, this is just under the softball stage.



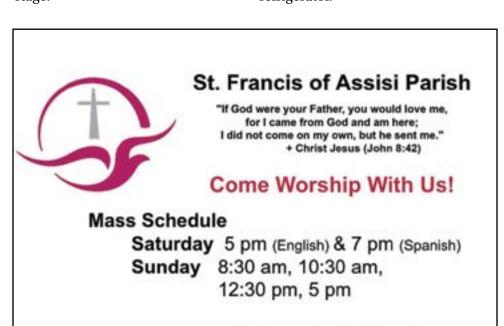
cream and salt and mix in gently. Note: the mixture will be very hot. Do not stir too much, just enough to blend the butter and cream. Too much stirring can cause the mixture to crystallize.

Pour into a heat safe jar and let cool before refrigerating. It will thicken as it cools, and will thicken further in the refrigerator.

2250 East Stadium Blvd., Ann Arbor

www.StFrancisA2.com 734-821-2100











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# **Donation Drop-Off's**

May-September: Saturday 9am-3pm October- April: Saturday 9am-1:30pm



